



Frequently Asked Questions:



The “Not Anymore” Program

Question: What is “Not Anymore?”

Answer: Not Anymore is an interactive online program designed by *Student Success* for community college students to prevent sexual assault, dating and domestic violence and stalking while helping your campus meet Campus SaVE Act (VAWA) and Title IX education mandates.

Question: Why is this program important?

Answer: This program is designed to meet federal mandates (Campus SaVE Act, VAWA - the Violence Against Women Act, and Title IX), Not Anymore educates students on consent, sexual assault, stalking, domestic/dating violence, bystander intervention, sexual harassment, risk reduction and more. *Student Success* offers research-driven, Internet-based programs that resonate with students intellectually, emotionally and socially, and that feature pre-testing and post-testing metrics for verifiable results.

Question: How long is it going to take me to complete the training?

Answer: The training takes approximately 45-50 minutes to complete. You may stop and save your training at any time. You will need to log back into the training by using the same process you used to enter it the first time, and it will take you to where you left off. The program includes watching relevant videos, reading and understanding the prohibition statement, reading and understanding the definitions of consent, sexual violence, sexual harassment, stalking, domestic violence and dating violence, as well as reading and understanding policies and procedures of the Los Rios Community College District.

Question: How long are the videos in the program?

Answer: The time length of each video can be viewed on the right side of the video when visiting the HOME page in the program. There is approximately 30 minutes of total video time throughout the program.

Question: Can I skip the videos?

Answer: No. The videos are designed specifically for community college students to educate them and help them pass the post-tests successfully.

Question: Can I pause the program and return at a different time to continue?

Answer: Yes. You may stop and save your training at any time. You will need to log back into the training by using the same process you used to enter it the first time, and it will take you to where you left off.

Question: What happens when I finish the program?

Answer: The site provides a certificate of completion. Please print and retain a copy for your records.

Why “Not Anymore” is Required

Question: Who is required to take the program?

Answer: All students enrolled in a term (fall, spring, summer) at a college in the Los Rios Community College District (American River College, Cosumnes River College, Folsom Lake College and Sacramento City College).

Question: Why are all students required to complete this program?

Answer: The training program is designed for all community college students. We recognize that there are students that have been trained with similar material; however, the federal law requires that we provide this training to you. Students may also be required to complete the program successfully and submit a copy of their certificate of completion for work study employment or other opportunities.

Question: Is the training really mandatory? If so, who is mandating it?

Answer: Yes. Although there is no academic or disciplinary penalty for not completing the training, all students enrolled in the current semester at one of the colleges in the Los Rios Community College District are encouraged to access and complete the training. Federal Law requires that we provide this training to you. ([20 US Code section 1092, subd.\(f\)\(8\)](#) and [4 Code of Federal Regulations 668.46, subd. \(b\)\(11\)](#))

Question: Do I have to take the program every semester? Every year?

Answer: No. This program is only taken once. A student must complete the program and save or print his/her certificate of completion as proof of successful completion. A student can either re-download their certificate by logging in to the program with their username and password or contact the program helpdesk at terrylynn.pearlman@studentsuccess.org and ask for a copy of the certificate.

Question: What is the deadline for taking the program?

Answer: There is no set deadline at the moment. However, we highly recommend that students complete the program at the beginning of the semester to avoid any delays.

Question: If I am a student and employee do I have to take the program?

Answer: Yes. Although there is no academic or disciplinary penalty for not completing the training, all students enrolled in the current semester at one of the colleges in the Los Rios Community College District are encouraged to access and complete the training. And, all employees are required to complete a similar training.

Question: If I am an online-only student, do I have to take the program?

Answer: Yes. Although there is no academic or disciplinary penalty for not completing the training, all students enrolled in the current semester at one of the colleges in the Los Rios Community College District are encouraged to access and complete the training. Some students may not attend class on campus; however, the training is relevant to off-campus situations.

Question: If I am in a non-degree program or just taking a few classes, do I have to take the program?

Answer: Yes. Although there is no academic or disciplinary penalty for not completing the training, all students enrolled in the current semester at one of the colleges in the Los Rios Community College District are encouraged to access and complete the training. Every community college student in the district is considered part of the college community.

Question: Do I have to take the program if I had other interpersonal violence training on or off campus?

Answer: Yes. Although there is no academic or disciplinary penalty for not completing the training, all students enrolled in the current semester at one of the colleges in the Los Rios Community College District are encouraged to access and complete the training. We appreciate students having previous training. Upon completion of this program, students are given a certificate of completion. Some campus resources or employment opportunities may require students to show proof of completion of the program.

Question: If I am a member of the military and have taken similar training as part of my military training, do I have to take the program?

Answer: Yes. Although there is no academic or disciplinary penalty for not completing the training, all students enrolled in the current semester at one of the colleges in the Los Rios Community College District are encouraged to access and complete the training. We appreciate students having previous training. This training is specific for community college students.

Question: If I am a non-traditional student do I have to take the program?

Answer: Yes. Although there is no academic or disciplinary penalty for not completing the training, all students enrolled in the current semester at one of the colleges in the Los Rios Community College District are encouraged to access and complete the training. Regrettably, sexual violence isn't age specific where we can target a certain segment of the population.

Although there is a graduate program for Not Anymore, older students enrolled at the community college are considered community college students and part of the college community.

Question: If I pass the pre-test, am I still required to watch the videos and take the post-test?

Answer: Yes. The online program is based on the assessment method of content analysis that requires students to take a pre-test before the actual content is delivered. The content that is delivered in text explains the policies and procedures, definitions and prohibition statement from Los Rios Community College District. The video content explains national community college knowledge and resources along with student testimonies from real-life experiences involving sexual violence. Most videos conclude with a post-test that students must take to advance to the next module. Note that some students may be required to submit a copy of their certificate of completion upon request.

Federal Title IX

Question: What is Title IX?

Answer: Title IX of the U.S. Education Amendments of 1972 protects people from discrimination based on sex in education programs and activities that receive federal financial assistance. The Title IX regulation describes the conduct that violates Title IX. Examples of the types of discrimination that are covered under Title IX include sexual harassment, the failure to provide equal opportunity in athletics and discrimination based on pregnancy. To enforce Title IX, the U.S. Department of Education maintains an Office for Civil Rights, with headquarters in Washington, D.C., and 12 offices across the United States. Title IX regulations acknowledge the college's responsibility for creating a culture of awareness, preventing and responding to students' reports of sexual misconduct, and remedying the effects of sexual misconduct.

Question: Are there other community colleges implementing this online program in California?

Answer: Yes. Listed below are all the community colleges in California using or implementing the Not Anymore online training:

- Cabrillo College
- Chabot College
- City College of San Francisco
- Contra Costa Community College District
- Foothill/DeAnza College
- Gavilan College
- **Los Rios Community College District**
- Monterey Peninsula College
- San Mateo Community College District
- Shasta College

Question: How do I report sexual assault or sexual harassment at a Los Rios college?

Answer: Please visit the [Title IX Website](#) for resources and the process for reporting a sexual assault or harassment case. Also, the online program lists the reporting process in the Policies and Procedures tab in the Resources menu.

Question: Are there any sexual assault and harassment prevention events on campus?

Answer: Please contact your college's office of student life or leadership development for any information on events on campus. Contact information on student organizations and student life is located in the local resources tab for each campus in the resources menu. Each campus has an event board that is responsible for event programming ([ARC](#), [CRC](#), [FLC](#), and [SCC](#)). You may also visit your college event page as there are faculty members and/or committees that host workshops or invite speakers on topics related to Sexual Assault and/or harassment.

Question: Is there a program like this for high school students?

Answer: Some lawmakers are looking into making this kind of training mandatory for high school students. However, the program at Los Rios Community College District offers the program only to students that are enrolled at one of the four Los Rios Colleges (American River College, Cosumnes River College, Folsom Lake College and Sacramento City College).

Support

Question: Is there anyone who provides technical support to the training?

Answer: Yes. There is a Tech Help tab on the top right corner. This resource specifies on the required software and hardware to access the program. The program requires that the student use a computer with a recent Internet browser, Adobe Flash version 10 or newer, a high speed Internet connection (DSL, cable, FiOS, etc.). Students may also access the program on a tablet or smartphone. iPhones are not supported.

The Tech Help resource also has a list of answers to common problems:

- *I'm having trouble logging in.*
- *The videos are buffering for too long, or are choppy and erratic.*
- *The videos don't play at all.*
- *I have the Flash Player 10 or greater, but the videos still won't play properly.*
- *Video playback stops and the download progress bar fills immediately.*
- *I'm having problems reading the text. Is there a way to make it larger?*
- *My problem wasn't resolved here.*

For technical service and assistance regarding training access, please contact terrylynn.pearlman@studentsuccess.org

Question: Is the program ADA compliant?

Answer: Yes. Not Anymore is close-captioned in both English and Spanish. Not Anymore also contains audio description (audio that describes the images in the video). Not Anymore meets Section 508 accessibility requirements.

The compliance evaluation was conducted in both the PC and Mac operating systems with the IE browser being used for the PC and the Safari browser for the Mac as well as the JAWS and VoiceOver screen readers. The accessibility testing used WCAG 2.0 (Level AA) Accessibility Guidelines, which cover the Section 508 Accessibility Standards.